



## Over-The-Counter Acne Product List

### **Over-the -Counter Washes/Cleansers**

#### Non-medicated washes/cleansers

Cetaphil Pro Oil Removing Foam wash  
Effaclar Gel Facial Wash for Oily skin  
Neutrogena Rapid Clear oil eliminating foam cleanser  
Neutrogena Transparent facial bar  
Purpose Gentle cleansing wash  
Purpose Gentle cleaning bar  
Olay Gentle foaming wash  
Clean and Clear Essentials Foaming facial cleanser

#### Salicylic acid (SA) washes/cleansers (may use in place of a non-medicated cleanser)

Clearasil Daily Prevention Gentle clean wash (1% SA)  
Clearasil Rapid Rescue Deep cleaning wash (2% SA)  
Neutrogena Oil Free acne wash (2% SA)  
Clean and Clear Acne Triple Clear cleanser (2% SA)  
La Roche-Posay Effaclar Acne Medicated face wash (2% SA)

### **Over the counter Medications**

#### Topical Retinoid (use at night)

Acnefree Adapalene 0.1% gel  
Differin Adapalene 0.1% gel  
La Roche-Posay Effaclar Adapalene 0.1 % gel  
ProactivMD Adapalene 0.1% gel



### Benzoyl peroxide (BP) face creams

Up & Up (Target brand) Acne spot treatment (2.5% BP)

La Roche-Posay Effaclar Duo Acne Spot treatment (5.5% BP)

Clean and Clear Persa Gel-10, Maximum strength (10% BP)

Up & Up (Target Brand) 10% Benzoyl Peroxide Gel (10% BP)

Clearasil Rapid Rescue Spot Treatment Cream (10% BP)

Clearasil Stubborn Acne Control 5in1 Spot Treatment Cream (10% BP)

### Benzoyl peroxide (BP) face/body washes

AcneFree's Oil-Free Acne Cleanser (2.5% BP) -follow instructions to leave on for 5 minutes to penetrate

Panoxyl Acne Creamy Wash (4% BP) - follow instructions to leave on for 1-2 minutes to help penetrate

CeraVe Acne foaming Cream Cleanser (4% BP)

### Benzoyl peroxide (BP) body Wash (for chest and back)

Pan Oxyl Acne Foaming wash (10% BP)

CVS or Walgreens Acne Cleansing Bar 10 % Benzoyl Peroxide (10 % BP)

CVS or Walgreens Daily Acne Control Cleanser Benzoyl Peroxide (10 %BP)

## **Moisturizers**

### Facial Moisturizers (with sunscreen)

Neutrogena Oil-free moisturizer SPF 15

Cetaphil Oil Absorbing moisturizer SPF 30

Cerave Ultralight Moisturizing Lotion SPF 30

La Roche-Posay Anthelios Clear Skin Oil Free Sunscreen SPF 60

\*Most of these products can be found at your local pharmacy, Wal-Mart, or Amazon

\*You can often find coupon online for the products you wish to purchase by simply checking out the website for the brand

\*CVS and Walgreens frequently send electronic coupons to their savings club members that can be used to purchase products for a discount

\*Download the GoodRx app to price compare prescription products. Sometimes acne medications can be less expensive purchasing with Good Rx coupon rather than through your insurance