

Transgender Resources

Helpful Books

1. The Gender Creative Child, Diane Ehrensaft
2. The Transgender Teen: a Handbook for Parents, and Professionals Supporting Transgender and Non-Binary Teens, Stephanie Brill and Lisa Kenney
3. Trans Kids: Being Gendered in the Twenty-First Century, Tey Meadow
4. Becoming an Ally to the Gender-Expansive Child: A Guide for parents and Carers, Anna Bianchi
5. Transgender and Gender Diverse Persons: a Handbook for Service Providers, Educators and Families, Alfred Carlozzi and Kurt Choate
6. Gender Born, Gender Made, Diane Ehrensaft

Helpful On-line Resources

College Resources

1. College guide for LGBTQ students (BestColleges.com)
 - a. <https://www.bestcolleges.com/resources/lgbtq-student-guide/>
2. College scholarships for LGBTQ students
 - a. <https://www.bestcolleges.com/financial-aid/lgbtq-scholarships/>
3. LGBTQ Resources and College Affordability
 - a. <https://www.affordablecollegesonline.org/lgbtq-college-student-guide>

Family Support Group (virtual)

1. Family Space. A virtual support group for family/adult(s) that support LGBTQ+ youth. Associated with Jacksonville's JASMYN staff.
 - a. Register at: <https://familyspace.eventbrite.com>

General Reference

1. References to books and information for on-line groups and workshops
 - a. <https://genderspectrum.org>

Healthcare Support

1. Transgender Healthcare Coverage-How to get covered through TLDF's Trans Health Project
 - a. <https://transhealthproject.org>

Legal Support

1. Trans Youth Handbook: Helps you learn about your legal rights in different areas of your life
 - a. <https://www.harvardlgbtq.org/trans-youth-handbook>
2. Transgender Law Center: legal resources
 - a. <https://transgenderlawcenter.org>

Local Support

1. JASMYN: local youth community support and resources
 - a. <https://www.jasmyn.org>
2. PFLAG: organization to support families, friends and allies
 - a. <https://pflag.org>

Organizational Support

1. GLAAD: works toward acceptance of the LGBTQ population
 - a. <https://www.glaad.org>
2. Equality Florida Action, Inc.: political LGBTQ action organization
 - a. <https://www.eqfl.org/>

Peer Support and Resources

1. Fenway Health: LGBT HelpLine & Peer Listening Line
 - a. <https://fenwayhealth.org/care/wellness-resources/help-lines/>
2. Trans Lifeline: peer support and connects trans people to community resources
 - a. <https://translifeline.org>

Psychological Services

1. Free mental health telehealth services at The Center
 - a. <https://thecenterorlando.org>

Religious Support

1. Resources including several links that review solid biblical understandings of the spectrum of gender identity
 - a. <https://www.freedhearts.org/>
2. Site with affirming religious resources.
 - a. <https://www.qchristian.org>

Student Support

1. GLSEN's "Safe Space Kit"-A guide to supporting LGBT Students in Your School
 - a. <https://www.glsen.org/sites/default/files/GLSEN%20Safe%20Space%20Kit.pdf>

Trans Life Resource

1. Tucking Resource Guide for Trans Youth
 - a. <https://pediatrics.med.ufl.edu/files/2018/03/Tucking-Handouts-Youth.pdf>
2. Binding Resource Guide: Fenway Health
 - a. https://fenwayhealth.org/wp-content/uploads/Binding_Resource_Guide.pdf

YouTube

1. Impactful YouTube video
 - a. <https://www.youtube.com/watch?v=rP01bH9Ljf4>

Informative TED talks

1. How to talk (and listen) to transgender people. Jackson Bird
 - a. https://www.ted.com/talks/jackson_bird_how_to_talk_and_listen_to_transgender_people
 - b. Helps you to understand what it is like being a trans person and understand the important social transition of chosen name and pronoun.
2. What doctors should know about gender identity. Kristie Overstreet

- a. https://www.ted.com/talks/kristie_overstreet_what_doctors_should_know_about_gender_identity
 - b. Explains current understanding of gender identity
3. How I help transgender teens become who they want to be. Norman Spack
 - a. https://www.ted.com/talks/norman_spack_how_i_help_transgender_teens_become_who_they_want_to_be
 - b. Boston Children's Hospital pediatric endocrinologist talks about the need to affirm a transgender person. He also reviews puberty suppression therapy and later hormone replacement therapy.